

Meal plan for Primary Wing for January 2026



Date	Mid-morning Snack	Lunch (chapatti, rice and salad in daily menu besides menu given below)	Evening Refreshment
16.01.26	Pav Bhaji	Kadhi, aloo methi, papad	Biscuit
17.01.26	Matara Kulcha	Tomato soup, masoor dal, aloo gobi	Savoury snack
19.01.26	Dal stuffed vegetable with mint coriander chutney (KG – I) + Vegetable poha (II – V)	Urad channa, mix veg, vermicelli kheer	Fruit
20.01.26	Dal stuffed vegetable with mint coriander chutney (II -III) + Vegetable macaroni (KG,I,IV,V)	Rajmah, aloo spinach, bhoondi raita	Biscuit
21.01.26	Dal stuffed vegetable with mint coriander chutney (IV & V) + Vegetable vermicelli (KG-III)	Tomato soup, black channa, aloo capsicum	Savoury snack
22.01.26	Vada Pav	Vegetable sweet corn soup,vegetable noodles,vegetable Manchurian,channa dal,chapatti,rice	Fruit
24.01.26	Bread pakora	Aloo subji, spinach poori, pulao, suji halwa	Biscuit
27.01.26	Burger	Tomato soup, arhaar dal, carrot pea	Savoury snack
28.01.26	Veg Vada	Rajmah, aloo capsicum, veg raita	Fruit
29.01.26	Vegetable corn sprout chaat	Tomato soup, moong sabut, aloo gobi	Biscuit
30.01.26	Samosa (KG-II) Sandwiches (III-V)	Lobia, mixed vegetable, bhoondi raita	Savoury snack
31.01.26	Samosa (III-V) Sandwiches (KG-II)	Idli, sambar, lemon rice, zeera rice, chapatti, salad	Fruit